**BACKPACKING LIST**

**Clothing**

Day Clothes

* pants/short
* shirts = 1 per day (I suggest shirts with sleeves so your heavy backpack doesn’t chaff you)
* underwear = 1 per day
* sports bras
* socks = 1 per day
* hiking boots
* swim suit (optional)

Layers

* 1 light sleeve shirt
* 1 medium coat/fleece
* 1 Hat (optional)
* 1 beanie
* 1 pair of mittens
* 1 poncho/rain coat

Sleeping

* 1 pair of warm socks
* 1 shorts
* 1 shirt
* 1 pair of underwear
* 1 flip-flops

Ride home

* whatever you want, clean clothes and flip flops or shoes feel good

**Individual Gear**

* 1 backpack
* 1 backpack rain cover (big trash sack should be okay)
* 1 sleeping bag
* 1 sleeping pad (Optional)
* 1 flashlight & batteries
* 1 knife
* 1 spoon
* 1 fork
* 1 plastic light weight bowl
* 1 plastic light weight plate
* 2 Water bottles
* 1 camera (optional)
* 2 trash sacks (clean clothes, dirty clothes)
* 1 bear canister
* 1 chapstick
* toothbrush
* 1 wash cloth
* 1 hand towel (Not full on bath towel)
* Scent free deodorant
* Scent free cleansing wipes (girls you will love this)
* Bug spray (highest amout of deet possible)
* Toilet Paper
* Zip lock bag for dirty toilet paper
* Brown bag to put zip lock dirty toilet paper bag in!
* 2 gallon size freezer bags for trash
* Fishing pole, bait, fishing license (optional)

**Group Items**

(Name of person to bring)

* stove & fuel (Brian and Doug)
* 2 lighters (Brian and Doug)
* 2 match boxes in waterproof container (Lisa)
* 1 cooking grate (Brian)
* 2 pots (Brian and Doug)
* 1 water purifier (Brian)
* 1 iodine tablets bottle (Brian)
* 1 large water jug (Brian)
* 1 first aid kit (Brian)
* 3 tents (Brian, Doug, ?)
* 2 extra rope (Brian and ?)
* 1 fire permit (Brian)
* 1 map of the area
* 1 compass (Brian)
* 1 deck cards (Lisa)
* 1 sunscreen (Lisa)
* 1 container of soap for dishes (Lisa)
* 1 bar of non-scented body soap (Lisa)
* 1 dish sponge (Lisa)
* 1 dish towel (Amelia)
* Pooper scooper (Brian)
* Little Mermaid mini hairbrush (Lisa)
* Mini toothpaste (Amelia)